



Middleton News

SCHOOL NEWS

Career Fair

National Day

Field Trips



SPARKS TO KINDLE DREAM CAREERS

DREAMS COME TRUE, SO DO DREAM JOBS!

Middleton International School is excited to introduce its first virtual career fair website, [#sparkthatinterest](#). This website aims to help secondary students with their subject choices as they transition into the IGCSE curriculum. This also enables them to discover their passions and interests and become better informed about career opportunities and required skills.

[#sparkthatinterest](#)

Following the successful launch of the website, grades 8, 9 and 10 students took part enthusiastically in planned activities. These were designed to help them navigate the website content to make the right subject choices and think about their future pathways. This initiative would not have been possible without the support of the Middleton community where parents, staff members and students contributed to the wealth of resources.

Middleton students are eternally grateful to Ms Sasha, Early Years Teacher, and her team, for their creativity, commitment and drive in pulling the content together and designing the website.

What better way to plan wisely for life beyond school!

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TEAM COLLABORATION SOARS TO INNOVATE

Middleton Grade 3 teachers and students believe that *'success is at its best when it's a cross-curricular collaborative venture of teachers and students.'*

The students went all out on an innovative spree with Mr Jason, the STEAM & Sustainability Coordinator, and Ms Stephanie, the Art teacher, to launch a Grade 3 Art Sustainability Project.

The best part was undoubtedly Grade 3's taking advantage of their Art lessons and using recycled materials to create planters, stationery shelves and stationery holders.



Aesthetically sustainable grade 3 classroom decor and the amazing team!

STRONGER TOGETHER, MAJULAH

The Middleton family celebrated Singapore National Day this year too in great spirits. On Singapore's 57th National Day, students of diverse cultures showed their patriotism for Singapore by coming dressed in national colours– red and white. A day when everyone reflected on the nation's milestones and achievements with pride and gratitude whilst looking forward to a bright future.



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FIELD TRIPS FOR EDUTAINMENT

K2 students of MIS, accompanied by their form tutors, went on an informative and enjoyable trip to the NEWater, Singapore's third National Tap and a key pillar of the country's water sustainability.

The students had an amazing experience, and enjoyed playing the game, 'Water Heroes', followed by a group rowing activity and a sensorial tour of NEWater purification process.

The tour ended with students reciting the 'Water Saving' pledge. The trip left an indelible impression on the young learners' minds that water conservation is essential and that even a drop of water matters.

A fantastic and thought-provoking trip!

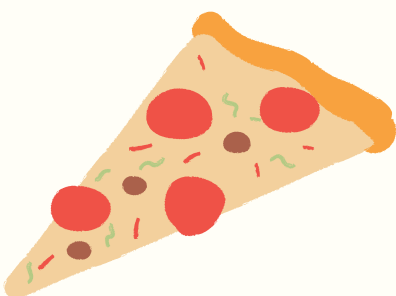


FOOD, FUEL FOR FAITH

Middleton Grade 9 students, under the supervision of Ms Rajul and Mr Ivan, IGCSE Specialist Teachers, liaised with Food Bank, Singapore, to create a brighter food secure future for Singapore.

The Food Drive Team created a video and designed posters to raise awareness of food insecurity and food wastage in Singapore thereby motivating everyone to donate wholeheartedly to the cause. The entire school participated enthusiastically in the noble endeavour as was evident in loads of food cartons filling up the collection points every few hours.

Middleton is proud of Grade 9 students who joyously served the community by making food available to those who need it and doing their part to drive hunger away from the city.



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FUNICS TIME WITH PARENTS

Creating a family-oriented school community is a core value of Middleton International School. The school believes that parent engagement is not only about creating a supportive community but is also important for student learning.

As part of bringing our community of families together, the English Committee, headed by Ms Caroline Colacicchi, conducted a Phonics Workshop to share various approaches to teaching phonics with parents so they can better support their children at home.

The sharing of best practices, the brilliant infographic and valuable resources put together by homeroom teachers, Ms Mridula, Ms Weng Jin, and Mr Colm proved beneficial for parents looking at strategies to help their children in their learning.

ASPIRE TO INSPIRE

The Middleton English Committee, under the direction of Ms Caroline Colacicchi, Head of the English Department, proudly hosted the Middleton Aspiring Authors' Challenge competition where budding authors wrote for the sheer pleasure of engaging in a creative process.

The writers' collection included all genres of literature, from short stories to poems to plays, and reflected the imaginative talents of Middleton students across the three campuses at its best. These amazing entries available as e-books includes over 70 entries, in three digital books!!!

This is undoubtedly the start of many stories that will be created by Middleton writers or the beginning of an inspiring career for them in future.



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PYJAMA DAY FOR PAWSITIVE PERFECTION

Grade 10 students, guided by Ms Stella Cai, IGCSE Specialist Teacher, collaborated with the Singapore Wildcat Action Group (SWAG) to raise awareness about the critically endangered subspecies of tigers, the Malayan Tiger. They hosted a fundraising event to support Malayan Tigers on the brink of extinction. This endeavour was part of the students' service-learning component of the National Youth Achievement Award (NYAA) programme.

The events included an awareness slide presentation highlighting the plight of tigers and varied ways in which students can protect the tiger population. This was followed by organizing a 'Pyjama Day' for the whole school where all students in their favourite pair of pyjamas donated \$2 to raise funds and be their voices.



Pyjama Day was a roaring success with students contributing generously and collecting \$1719.25 which was later given to the Singapore Wildcat Action Group (SWAG) to help in the conservation of the critically endangered Malayan Tiger.

At Middleton International School, students from all over the world join our community throughout the year. Our new family members share their experiences at Middleton.

**TÊTE-À-TÊTE
WITH
FRESHMEN**



Why did you choose Middleton International School?

Middleton was recommended as a unique school by friends and family members because of its inquiry-led approach which focuses on students and ensures they enjoy learning. Moreover, it offers an affordable high-quality international curriculum.

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What did you like about Middleton?

We liked the diversity of cultures, and how everyone takes care of one another and behaves respectfully. Moreover, Middleton goes beyond academics by placing a strong emphasis on our physical, social and mental well-being. The school is quite big, and we have enough playtime and bonding time with friends. Furthermore, the food provided here is both healthy and delicious.

What makes Middleton different from your previous schools?

There are many reasons. First of all, our teachers are very caring and friendly, and they make lessons more fun and exciting. We also feel safe and comfortable in school among friends. Finally, the school provides exciting opportunities to develop our passion in extracurricular activities, be it sports or arts.

WHEREVER YOU ARE, BE THERE TOTALLY

Middleton International School is proud to be the mothership school in Southeast Asia for *The Contentment Foundation*, thereby leading the way in mindfulness pedagogy and implementation in schools. Happiness and Well-being are an explicit part of the school's vision and mission, and so mindfulness is one of our core values.



**IN CONVERSATION
WITH MS JAIME,
THE CONTENTMENT
FOUNDATION
COORDINATOR**



Interviewer: What is the purpose behind mindfulness practices for teachers of MIS?

Ms Jaime: Mindfulness is for everyone! We conduct mindfulness practices for teachers and staff at MIS because of its positive impact. Studies have shown that mindfulness practices benefit people in a multitude of ways.

For instance, it can reduce anxiety and depression, increase emotional regulation, improve physical health and strengthen relationships. Well-being is in all of us; it is essential to take the time to come together as a community to help one another harness that wellness and help bring out the best in each other.

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Interviewer: How are mindfulness practices integrated into the MIS curriculum?

Ms Jaime: Teachers implement the four pillars of well-being fostered by the wellness curriculum, 'The Contentment Foundation.' Through professional development and training videos, teachers are equipping themselves with tools and strategies to support their learners with mindfulness practices. Teachers dedicate time each week to guide their learners through a series of lessons within each pillar. This term, the focus has been all about Self-Curiosity and becoming self-scientists. Essentially, teachers encourage students to get curious about their inner world and generate an attitude of wonder and interest in their emotions, sensations and thoughts.

Interviewer: What is your takeaway from your training sessions with teachers?

Ms Jaime: For me, coming together as a team cultivates that feeling of community and offers an opportunity for discussion, collaboration and reflection. The training sessions offer a safe space, free of judgment, where everyone reflects on their own experiences whilst also learning from one another.

WHAT WE LEARN IS WHO WE ARE

"Field trips create a funtastic platform for learning." As part of their Inquiry Unit, 'Water for Everyone, Grade 4 students, accompanied by their homeroom teachers, went on a field trip to Singapore's iconic landmark, the Marina Barrage, a symbol of the city-state's success in water management. Students were ecstatic about the trip which was scheduled for the first time in two years after the covid pandemic.



The learning journey provided them with insights on how Singapore built a robust, diversified and sustainable water supply from the Four National Taps of Singapore, the dangers of global warming, and ways to help the environment. Moreover, the trip emphasised students' crucial role in water conservation as future citizens. This was followed by a visit to the sustainable gallery, and a guided tour for more information on water scarcity.

Finally, the Grade 4's extended their learning in a cross-cultural activity of presenting a news report on their Marina Barrage experience.

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LIGHTING UP THE WORLD

The Mid-Autumn Festival, which falls on the 15th day of the eighth lunar month, is one of the most significant celebrations in Chinese culture as it symbolizes good fortune and brings about a blissful sense of togetherness.

Middleton International School came alive with a strong festive spirit, with the students dressed in Chinese traditional costumes or in auspicious colours of red and yellow. The Chinese Department worked hard behind the scenes to create a Mid-Autumn package which included posters, audio stories, lantern designing pamphlets and exciting activities for students.



The highlight of the day was the lantern designing activity where classes put their hearts and souls into beautifying lanterns and hanging them outside classrooms. The bright colours and lights lent a festive mood to the school. The three best lanterns for early years, middle school and secondary levels were awarded attractive prizes.

FOR THE LOVE OF THE GAME

Physical education field trips aim at providing students with a totally new perspective on a variety of sports and sporting events. Whether viewing or participating in sports, the competitive nature of everyone kicks in.

The IGCSE PE class, accompanied by Mr Orgee and Ms. Koh, the Physical Education Teachers, went on their first-ever trip to the OCBC Aquatic Centre where Middleton swimming enthusiasts watched and cheered a pro-swim meet. This was followed by a trip to the Singapore Sports Museum where students immersed themselves in the world of sports and explored interactive exhibits. The trip ended with the Middleton netball fans catching top-notch sporting action- a professional netball match between India and Japan.



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MIDDLETON HUMOUR

MIDDLETON RIDDLES

What has holes but can carry water?

!egnops A

What can you break, even if you never pick it up or touch it?

.esimorp A

What goes up but never comes down?

.ega ruoY

A man who was outside in the rain without an umbrella or hat didn't get a single hair on his head wet. Why?

!dlab saw eH

A man dies of old age on his 25 birthday. How is this possible?

.yraurbeF fo ^{ht}92 eht no nrob saw eH



MIDDLETON JOKES

What's red and smells like blue paint?

!tniap deR

What happened when the world's tongue-twister champion got arrested?

!ecnetnes hguot a mih evag yehT

How do you make an octopus laugh?

!selkcit-net htiW

Why can't a leopard hide?

!dettops syawla s'eh esuaceB

What do you get when you cross a snail with a porcupine?

!ekopwols A

What do you call an alligator who solves mysteries?

!rotagitsevni nA

What did the dog say when it sat on sandpaper?

"!ffuR"

UPCOMING EVENTS



- Deepavali (24th October)
- Halloween (31st October)
- Christmas (25th December)

