

MENU A



Contains gluten



Contains dairy



Snack

Cornflakes with Fresh Milk & Apple

Lunch

Pesto Pasta with Cherry Tomato, Chickpea & Corn



House Salad

MON



Snack

Oat Cookies with Fresh Milk & Watermelon

Lunch

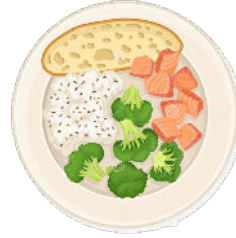
Miso Soup with Chicken, Bak Choy, Wakame & Spring Onion



Japanese Rice with Furikake

House Salad

TUE



Snack

Sweet Purple Potato Bread with Fresh Milk & Banana

Lunch

Cantonese Braised Soy Chicken



Stir-fried Round Spinach

Steamed Mixed Brown Rice

House Salad

WED



Snack

Wholemeal Pumpkin Bun, Fresh Milk & Orange

Lunch

Fish Soup with Tofu & Long Cabbage



Steamed Mixed Brown Rice

House Salad

THU



Snack

Waffle with Fresh Milk & Honeydew

Lunch

Chicken Shepherd's Pie



House salad

FRI

MENU B



Contains gluten




Contains dairy





Snack

Honey stars with Fresh Milk & Watermelon

Lunch

Tomato Soup with Chicken 
Garlic Bread 

House Salad



MON



Snack

Wholemeal Bread with Jam, Fresh Milk & Orange

Lunch

Bibimbap Chicken 
Carrot, Nori, Spinach, Go chujang Sauce, 
Hard Boiled Egg, Japanese Rice
House Salad

TUE



Snack

Wholemeal Steamed Bun with Fresh Milk & Banana

Lunch

Miso Salmon Patty 
Wafu Coleslaw 
Steamed Japanese Rice
House Salad

WED



Snack

Butter Cake with Fresh Milk & Apple

Lunch

Butter Chicken 
Roasted Cauliflower
Steamed Mixed Brown Rice

House Salad



THU



Snack

Boiled Egg with Fresh Milk & Honeydew

Lunch

Yakiniku Chicken 
Cucumber & Tomato
Ponzu Soba Noodle 
House Salad

FRI

MENU C



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Snack

Cornflakes with Fresh
& Apple

Lunch

Fried Bee Hoon with
Egg, Carrot & Cabbage



Minced Chicken

House Salad

MON



Snack

Oat Cookies with
Fresh Milk &
Watermelon

Lunch

Barbecue Chicken
Tomato & Cucumber
Salad Mac & Cheese



House Salad

TUE



Snack

Sweet Purple Potato
Bread with Fresh Milk
& Banana

Lunch

Margherita Pizza



House Salad

WED



Snack

Wholemeal Pumpkin
Bun with Fresh Milk &
Orange

Lunch

Roasted Herb Fish Red
Pepper Stew Parsley
Potato

House Salad

THU



Snack

Pancake with Fresh
Milk & Honeydew

Lunch

Soba Noodle with
Shoyu Broth, Bak
Choy & Chicken



House Salad

FRI

MENU D



Contains gluten



Contains dairy



Snack

Honey Stars with
Fresh Milk &
Watermelon

Lunch

Japanese Curry Rice
with Chicken, Carrot &
Potato  

House Salad



MON



Snack

Wholemeal Bread with
Jam, Fresh Milk &
Orange

Lunch

Roasted Mesquite
Chicken
Steamed Broccoli &
Carrot
Mashed Potato  

House Salad




TUE



Snack

Wholemeal Steamed
Bun with Fresh Milk,
Banana

Lunch

Fish Chowder  
Focaccia Bread 

House Salad


WED



Snack

Banana Cake, Fresh
Milk & Orange

Lunch

Tandoori Chicken with
Yoghurt Sauce 
Cucumber & Tomato
Steamed Mixed Brown
Rice

House Salad



THU



Snack

Butter Roll, Fresh Milk
& Honeydew

Lunch

Spaghetti & Meatballs
 

House Salad

FRI