

VEG MENU A



Contains gluten



Contains dairy



Snack

Cornflakes with Fresh Milk & Apple

Lunch

Pesto Pasta with Cherry Tomato, Chickpea & Corn



House Salad

MON



Snack

Oat Cookies with Fresh Milk & Watermelon

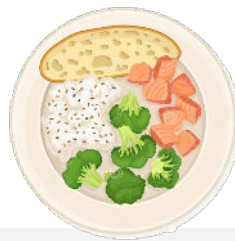
Lunch

Miso Soup with Tofu, Bak Choy, Wakame & Spring Onion



House Salad

TUE



Snack

Sweet Purple Potato Bread with Fresh Milk & Banana

Lunch

Cantonese Braised Soy Firm Tofu

Stir-fried Round Spinach

Steamed Mixed Brown Rice

House Salad



WED



Snack

Wholemeal Pumpkin Bun, Fresh Milk & Orange

Lunch

Vegetable Soup with Tofu & Long Cabbage

Steamed Mixed Brown Rice

House Salad

THU



Snack

Waffle with Fresh Milk & Honeydew

Lunch

Vegetable Pie



House salad

FRI

VEG MENU B



Contains gluten



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Snack

Honey stars with Fresh Milk & Watermelon

Lunch

Tomato Soup with White Bean
Garlic Bread



House Salad

MON



Snack

Wholemeal Bread with Jam, Fresh Milk & Orange

Lunch

Bibimbap Silken Tofu
Carrot, Nori, Spinach, Go chujang Sauce,
Japanese Rice



House Salad

TUE



Snack

Wholemeal Steamed Bun with Fresh Milk & Banana

Lunch

Baked Miso Firm Tofu
Wafu Coleslaw
Steamed Japanese Rice



House Salad

WED



Snack

BUTter Cake with Fresh Milk & Apple

Lunch

Butter Paneer
Roasted Cauliflower
Steamed Mixed Brown Rice



House Salad

THU



Snack

Boiled Egg with Fresh Milk & Honeydew

Lunch

Yakiniku Tofu
Cucumber & Tomato
Ponzu Soba Noodle



House Salad

FRI

VEG MENU C



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Snack

Cornflakes with Fresh & Apple

Lunch

Fried Bee Hoon with Firm Tofu, Carrot & Cabbage 

House Salad




MON



Snack

Oat Cookies with Fresh Milk & Watermelon

Lunch

Barbecue White Bean 
Tomato & Cucumber Salad 
Mac & Cheese 

House Salad



TUE



Snack

Sweet Purple Potato Bread with Fresh Milk & Banana

Lunch

Margherita Pizza 
House Salad 

WED



Snack

Wholemeal Pumpkin Bun with Fresh Milk & Orange

Lunch

Edamame Red Pepper Stew
Parsley Potato
House Salad


THU



Snack

Pancake with Fresh Milk & Honeydew

Lunch

Soba Noodle with Shoyu Broth, Bak Choy & Tofu 

House Salad

FRI

VEG MENU D



Contains gluten



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Snack

Honey Stars with
Fresh Milk &
Watermelon

Lunch

Japanese Curry Rice
with Firm Tofu, Carrot
& Potato  

House Salad

MON



Snack

Wholemeal Bread with
Jam, Fresh Milk &
Orange

Lunch

Roasted Mesquite
Pumpkin
Steamed Broccoli &
Carrot
Mashed Potato  

House Salad

TUE



Snack

Wholemeal Steamed
Bun with Fresh Milk,
Banana

Lunch

Mushroom Chowder
Focaccia Bread 

House Salad

WED



Snack

Banana Cake, Fresh
Milk & Orange

Lunch

Tandoori Paneer with
Yoghurt Sauce 
Cucumber & Tomato
Steamed Mixed Brown
Rice

House Salad

THU



Snack

Butter Roll, Fresh Milk
& Honeydew

Lunch

Spaghetti & Vegetarian
Meatballs  

House Salad

FRI